

Forbidden Grief: The Unspoken Pain of Abortion **Theresa Burke with David C. Reardon**

Forbidden Grief is a compelling, haunting review of Dr. Theresa Burke's experience in counselling hundreds of women for abortion-related emotional problems. Dr. Burke exposes the obstacles in the way of post-abortion healing, reviews the full range and depth of post-abortion adjustment problems, and illustrates how we can create a more understanding and healing society where women will no longer be required to hide their pain.

It's time to listen and help.

Learn the secrets that women who have had abortions tell only to their therapists, but want everyone to understand.

Understand how traumatic abortion experiences can be re-enacted through repeat pregnancies, multiple abortions, substance abuse, eating disorders, and broken relationships.

Discover how to help loved ones—or yourself—take the steps needed to find healing and joy.

Learn to Look Deeper.

Abortion causes conflict. It fragments political parties, churches, schools, and neighbourhoods. It divides families. Husband against wife. Mother against daughter. Sister against sister.

These conflicts reflect the discord that also occurs within individuals. After abortion, many women face a daily internal battle between condemning and defending themselves.

Psychotherapist Theresa Burke, Ph.D., has specialized in treating women struggling with post-abortion issues through individual counselling and group therapy sessions since 1986. Many of the women she treated had been rebuffed by other therapists who would not believe their abortions had caused such trauma. Others came to her because their family and friends refused to acknowledge the reality of their grief.

In Forbidden Grief, Dr. Burke explores the cultural and psychological obstacles to post-abortion healing. She examines why friends and families erect walls of silence around a loved one's grief and reveals how we can and should listen to those who are struggling with past abortions.

Drawing on the experience and insights of hundreds of her clients, Dr. Burke shows how repressed feelings may be acted out through self-destructive behavior, broken relationships, obsessions, eating disorders, parenting difficulties, and other emotional or behavioural problems.

Forbidden Grief also explains how to help loved ones, or yourself, simply by better understanding the nature and origin of unresolved abortion issues—and what steps will help you find healing. You'll also learn about the most up-to-date research on abortion problems, and the inside story of the fight within the psychiatric community over recognizing post-abortion trauma. Theresa Burke is the founder of [Rachel's Vineyard](#), an international organization that facilitates retreat weekends for post-abortive women. This book can be borrowed from the Edmonton Pro-life office.

Or you can buy it from the publisher. Ordering information [here](#).

A Solitary Sorrow: Finding Healing & Wholeness After Abortion
Teri and Dr. Paul Reisser

This book, written by a family therapist and a physician who have counseled hundreds of post-abortive women, is honest, accurate, and practical. It offers hope and encouragement to women seeking healing after abortion. A must for post-abortive women, their friends and family, pregnancy center counselors and others who seek to help.

This book can be borrowed from the Edmonton Pro-life office.
Or you can buy it from Amazon by following this [link](#).

Forgiven of Murder: A True Story
Denise Mountenay

Denise Mountenay has some powerfully heartfelt things to say about abortion. Raped at the tender age of 13, she fell into a life of alcohol and drug abuse. And she used abortion as a form of birth control. When the miracle of Christ presented itself to her, Mountenay's life changed forever. *Forgiven of Murder...A True Story* recounts her epiphany and the inner peace and strength it has brought her. Not simply for pro-lifers, this book is a must read for anyone involved in the abortion debate or considering abortion.

“Passion is a compelling and beautiful quality in story telling. ‘FORGIVEN of murder’ is packed with passion and it holds an important vision. Denise’s true life drama of being on the front lines of the abortion debate is authentic and gripping. An important book to understand the dilemma of choice and the future of the unborn.” Lorna Dueck Host of 100 Huntley Street and Listen Up TV.

“Denise’s book, ‘Forgiven of murder...A True Story’ is a transparent account of Denise’s own struggles with abortion in the past and a convincing argument for the cause against abortion.”
Dick & Joan Dewert, Founders/President of The Miracle Channel.

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Aborted Women: Silent No More
David C. Reardon

A comprehensive review of the aftereffects of abortion, this book documents:

- The physical aftereffects of abortion
- The psychological aftereffects of abortion
- Characteristics of high-risk abortion patients
- Post-abortion conversion and reconciliation patterns
- Complete testimonies of 20 aborted women

A detailed national survey of 252 aborted women

It is a definitive work. Focus On The Family's CITIZEN magazine calls it the "standard reference book on post-abortion problems." Booklist, the professional librarian's buying guide, rates it "highly recommended." Librarian's World recommends it as "an excellent resource recommended for all libraries." Pro-life reviewers are even less restrained:

"Deeply researched...powerful analysis...thoroughly readable." - Fidelity

"Moving, thoughtful, and informative." - Rev. Richard John Neuhaus, Author

"An exposé of the unscrupulous abortion merchants." - Cal Thomas, syndicated columnist

"Cuts through platitudes...gives exploited women a voice." - National Catholic Reporter

"Do yourself a favor and buy this book." - Dr. Wanda Franz, President, National Right to Life

"Well-written, informative, powerful and in the end hopeful." - Voices in the Wilderness

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